



METELLA ROAD PUBLIC SCHOOL

117-131 Metella Road Toongabbie NSW 2146 T 9636 1922 F 9896 3201 www.metellard-p.schools.nsw.edu.au

31 October 2022

STAGE 3 CAMP – CANBERRA Wednesday 30 November - Friday 2 December

Dear Parents/Carers,

The Stage 3 Camp to Canberra in Week 8 is fast approaching. To assist with school preparation we now need specific information relating to emergency contact details, medical requirements and any special food requirements. Please note that if a child does not like a particular type of food, this does not constitute a 'special food requirement'.

Please complete the attached medical form and return to Mrs Davies **NO LATER THAN Friday, 11 November.** It is vital that the information you provide about your child is accurate and complete.

Suggested Packing List

To assist with your preparation for camp, a suggested packing list is outlined below. Please note that all linen, towels, pillows & doona are provided.

Clothing

- 2 pairs of jeans/pants/leggings or shorts/skirts
- 2 long sleeve shirts/jumpers
- Warm jacket
- 2 short sleeve shirts/t-shirts
- 1 pair of suitable walking shoes
- 2 pairs of socks
- Pyjamas
- Underwear for 3 days
- Hat
- Sunglasses (if desired)

Toiletries

- Toothbrush
- Toothpaste
- Soap
- Shampoo/Conditioner
- Deodorant
- Brush/comb
- Sunscreen (not Zinc)
- 1 plastic bag for dirty/wet clothing

Other

- Small backpack
- Refillable water bottle
- Recess - Day 1
- Lunch - Day 1
- Camera
- Spending money (no more than \$40 to spend at gift shops if time permits)
- Small individual snack items (no gum or share packs)

STUDENTS MUST WEAR THEIR FULL SCHOOL UNIFORM, INCLUDING BLACK SCHOOL SHOES ON WEDNESDAY, 30 NOVEMBER, FOR OUR VISIT TO PARLIAMENT HOUSE.

Day One (Wednesday 30 November)



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- Students must be at school **no later than 6:30am**. Students are to meet under the 3-6 COLA. Provide any medication in a snap-lock bag with the medication card attached to the classroom teacher.
- Please ensure your child is wearing their **full school uniform** including black shoes for their visit to Parliament House.
- Students must provide their own **recess and lunch** on the first day. There are no facilities to purchase food.
- Students will visit the National Electoral Education Centre, Parliamentary Education Office and Parliament House.

Day Two (Thursday 1 December)

- Students will visit the War Memorial, Mount Ainslie, National Zoo & Aquarium, Cockington Green, National Capital Exhibition - Regatta Point and the National Dinosaur Museum.

Day Three (Friday 2 December)

- Students will visit the Institute of Sport, Embassies, The Lodge and Questacon.
- Students will stop for an early dinner at McDonalds Sutton Forest on our return from Canberra to Sydney. Students have the opportunity to pre-order Value Meals from the list shown below. Please complete the order form attached and return to school in an enclosed envelope with the students name and class on the morning of the excursion. Please include correct money as change can not be provided.

VALUE MEALS

Includes drink and fries. Please supply drink choices in the table below.

	SMALL	MED	LRG	QUANTITY
BIG MAC	\$11.40	\$12.20	\$13.00	
QUARTER POUNDER	\$11.60	\$12.40	\$13.20	
FILET-O-FISH	\$10.00	\$10.80	\$11.60	
McCHICKEN	\$11.30	\$12.10	\$12.90	
6 NUGGETS	\$10.40	\$11.20	\$12.00	
CLASSIC ANGUS	\$12.90	\$13.70	\$14.50	
CHEESE BURGER	\$7.15	\$7.95	\$8.75	
DBL CHEESE BURGER	\$9.50	\$10.30	\$11.10	
HAMBURGER	\$6.40	\$7.20	\$8.00	
CHICKEN CAESAR WRAP	\$13.55	\$14.35	\$15.15	
CHICKEN AIOLI WRAP	\$13.55	\$14.35	\$15.15	
CHICKEN DELUX	\$12.50	\$13.30	\$14.10	
CHICKEN SALAD	\$15.30	\$16.10	\$16.90	

- Buses will return to school at approximately 6:15pm. Students are to be picked up from the 3-6 COLA. It is very important that you check the MRPS Facebook page or Sentral Parent Portal for updates about bus arrival time.

Note:



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- Students are not permitted to bring mobile phones, games or electronic devices (other than a camera).
- Students are responsible for their own belongings – including their money.
- Students are not permitted to upload photographs or videos to any social media website.

Accommodation:

Canberra Park
Cnr. Old Well Station Road and Federal Highway
ACT
Phone: 6130 1000

Please contact the school if you have any further questions or concerns.

Thank you for your continued support.

Mrs L. Davies
Stage 3 Assistant Principal

Mr P. D'Ermilio
Principal



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McDonalds Pre-Order Form

Please include the following form with correct change in an enclosed envelope with your child's name and class. Please hand it to the classroom teacher on the morning of the excursion.

Please Note:

**McDonalds Sutton Forest does not have vegetarian options for pre-order.
If students wish to bring their own money and purchase directly from the counter they may do so.**

Name	
Class	

VALUE MEALS

Includes drink and fries. Please supply drink choices in the table below.
Choices include: Coke, Diet Coke, Fanta, Sprite or Water

	SMALL	MED	LRG	Drink Choice	TOTAL \$
BIG MAC	\$11.40	\$12.20	\$13.00		
QUARTER POUNDER	\$11.60	\$12.40	\$13.20		
FILET-O-FISH	\$10.00	\$10.80	\$11.60		
McCHICKEN	\$11.30	\$12.10	\$12.90		
6 NUGGETS	\$10.40	\$11.20	\$12.00		
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