

Metella Road Public School

Growing and developing to our full potential



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Term 4 - Week 4

Tuesday, 29 October 2013

Calendar

What's On

Week 4

Monday, 28 October	Swim Scheme commences
Wednesday, 30 October	Kindergarten Orientation Program – Day 2
Wednesday, 6 November	Last day for Stewart House clothing bags to be returned
Thursday, 7 November	Kindergarten Orientation Program – Day 3 Fancy Dress Disco K-2 5.00pm-6.30pm 3-6 6.30-8.00pm Parramatta Oz Tag Gala Day
Tuesday, 12 November	P & C Meeting at 7.30pm
Wednesday, 20 November	Parents Auxiliary Meeting @ 2.00pm

Principal's Message

Spring Fete 2013

What a very special day for our school and our community. The Metella Road Spring Fete 2013 was a great success. It was so very special to see so many members of our community come together, yes to enjoy the day but ultimately to help raise money for our school. The money raised will go toward putting fixed play equipment in the playground.

Thank You

Thank you to everyone who came along on Saturday. Thank you also for asking your family, your friends and neighbours to join in the fun.

A day like Saturday cannot happen without a lot of preparation. A very special thank you to Mrs Sharlene Cormack for coordinating myself and a team of P&C/Parents Auxiliary members getting everything ready. Sharlene does not have students who attend our school anymore, but coordinated this great day. This is Sharlene's final fete and we thank her whole heartedly for her tireless effort.

To the "team" thank you for the many late evenings planning and preparing. You did an amazing job. Your commitment and dedication to the event was truly wonderful.

Once all the planning is done it takes a great effort to set up, run the day and pack up afterwards. Thank you to my dedicated staff for helping in every way, to the many parents who also helped in all areas. It was a very long day for all.

Thank you to the volunteers who helped on a stall during the day. Many hands definitely made light work!

Everyone gave up time with their families to help and I very much appreciate it.

To our wonderful sponsors thank you for the many prizes, equipment and resources we were able to use to help make the event run so smoothly.

Looking forward to 2015!

Student Artwork

The wonderful student artwork that was on display and for sale during the fete will still be for sale for the next two weeks. Parents/grandparents/friends who wish to purchase artwork can do so at the front office. The cost is \$5.00 for one, \$7.50 for two, or \$10.00 for three or more.

Newsletter Distribution

Our newsletter will continue to be published electronically, distributed through email, our school website and on our smartphone app. We will continue to place a large number of printed copies in the front office for parents to collect if they wish. Beginning this week we will also give a small number of printed copies to each classroom. If you would like a printed copy please ask your child to collect one from their teacher.

Kindergarten Orientation – Day 2

Wednesday will be our second orientation day for our new students. The orientation days are a great opportunity for our staff to get to know the students and it also gives us an opportunity to get to know our parents and pass on some information not only about how our school runs but ways in which parents can help at home with their children.

Looking forward to meeting everyone again on Wednesday.

New Signage

Our new values signs are up around the school. To compliment our Positive Behaviour for Learning values of Motivated, Respectful, Proud and Safe we now have signage in our playgrounds, in the canteen and in the school hall that state what our expectations are in these areas. We use these

signs as teaching tools and reminders for our students as to the expected behaviour in our school.

In the coming days and weeks you will start to see some new signage around the school. A necessary upgrade to our school, soon our signage will be correct and with some added signage to help direct visitors throughout our school.

Canteen Volunteers

If you are able to give a few hours of your time to assist in the running of the Canteen, please see the Canteen ladies one morning this week.

Mr P. D'Ermilio
Principal

Kindergarten News

This term we are continuing to prepare and support children and their families in making a positive and successful transition to school through our Kindergarten Orientation process. This process aims to create an awareness about the importance of a successful start to school and to make families aware of their role in enabling a smooth transition to school. It also provides an opportunity for children to develop a positive relationship with teachers and other children and enables teachers to observe the children in a classroom setting.

Last week we had the first of our Kindergarten Orientation days. The children visited a Kindergarten classroom and engaged in a range of activities. They were settled and seemed to enjoy the experience. Parents had the opportunity to attend a parent information session where they received information about a range of topics including Best Start Kindergarten Assessment, our School Expectations, school uniform and requirements for the Kindergarten program.

We are looking forward to continuing our Kindergarten Orientation process this week and next week.

Mrs S. Larobina
Assistant Principal

Stage 1 News

This term Stage One are learning about 'Celebrations' in our HSIE unit. This looks at how people celebrate significant events and will end in a party 'Celebration' day at the end of the term. We are sure that students will be looking forward to this big event.

Stage One students are collecting lots of Captain Metellas now – please remember to send these, and any other awards that have not been traded, in so that students are receiving the awards they are eligible for.

We look forward to a fantastic Term 4 as we move towards the end of the year!

Mrs A. Saad and Miss A. Cheung
Stage One Supervisors

Stage 2 Report

What a great start to Term 4! This is a very exciting term for Stage 2, particularly for our Year 4 students who are now earning their pen licenses and preparing for Stage 3. Pen licenses are being awarded to students who have consistently demonstrated excellent book work. Just a reminder that gel pens, felt-tipped pens, coloured pens and liquid paper/correction tape are not to be used in books. Teachers are also

encouraging students to come fully prepared for lessons and develop greater organisational skills. To assist your child to develop these vital skills, encourage them to ask themselves "Do I have everything I need?" before leaving the house each morning.

In Science, Stage 2 is investigating *Children's Media*. We would like the students to start collecting print advertisements aimed at their age group (e.g. advertisements for toys, computer games, food etc). These advertisements will be important when the students begin analysing how they are targeted to influence household purchasing decisions. Students should bring collected advertisements to school to use in their Science lessons.

Swim School commences this week. If your child is attending, please ensure they come to school with their swimmers under their school uniform. We hope that all the students enjoy their time in the pool! A big thank you to the teachers who are accompanying the students!

Finally, it's been a hot start to the term. Please make sure that your child has their school hat and a bottle of water with them each day. Our thoughts are with those who have been affected by the devastating bushfires.

Mrs N. Parker
Stage 2 Coordinator

Stage 3 News

Year 6 are running a transition program where the students are required to demonstrate their organisational skills in preparation for high school. On Thursdays Year 6 will rotate to different classrooms to participate in different lesson run by each of the Year 6 teachers. They are required to bring all their books and equipment to each class. They are responsible for arriving on time, with the required equipment and settle quickly to get started with the lesson. Students will carry their bags with them for the day. This will give the students an idea of some of the expectations and day to day routines of high school life in a safe, familiar environment.

Year 6 students will again complete some assignments throughout this term. The first one is on an Australian inventor, their invention and the impact this invention has had on society.

In Science, Year 6 will complete a unit titled "Forensic Frenzy". We will be looking at the use of scientific research in solving a crime. Forensic science uses areas of science such as chemistry, biology and physical science. It also involves different skills including observational skills, evidence collection and analysis and scepticism. This will be an enjoyable and challenging unit of work broadening students' experiences and problem solving skills.

Over the next few weeks Year 5 students will be writing their leadership speeches in class. This is particularly important for students who aspire to be school leaders in Year 6. Stage 3 are studying the unit 'Global Communities' in HSIE. We will be discussing how Australia is connected to the world through communication systems, trade and travel. We will also explore our responsibilities as global citizens.

Mr T. Calnan and Ms S. Curran
Stage 3 Teachers

Junior Choir

Over the past few weeks the Junior Choir has been busy getting ready for our performance at the Spring Fete. They have been practising the songs "Spring is here", "Hello, Goodbye" and "I am Australian" with the Senior Choir. The Junior Choir gave an outstanding performance and we are extremely proud of them. Thank you to the amazing parents of the Junior Choir who bought their child to the fete and allowed them to perform, we couldn't have done it without you. Congratulations to Chrissy in 1D on her selection in the Australian Girls' Choir. We are so proud of you and we hope you enjoy this wonderful experience. Keep up the awesome work Junior Choir!

Ms J. Minenko and Miss M. Cheetham
Choir Coordinators

Junior Dance Group

Last Saturday at the Spring Fete the Junior Dance Group performed their dance 'Cartoon Heroes' for the final time this year. What an amazing performance it was! Congratulations to all the girls in the group who have shown tremendous enthusiasm throughout the year. Your dedication to attending rehearsals and the numerous performances we have had is commendable. Thank you to our supportive parents for all your efforts in preparing your child for our events this year. You are all truly amazing! As coordinators of the group, we are very proud of the dance achievements the girls have displayed this year. Keep smiling and keep dancing!

Mrs A. Bekiaris and Mrs A. Land
Junior Dance Coordinators

Senior Dance B

Over the past few weeks the Senior Dance B has been fine tuning our "Dance Culture" item for our Spring Fete performance. The girls performed wonderfully and are to be congratulated on their behaviour and professionalism. Thank you to the awesome parents of the Senior Dance B who helped their child with their make-up, hair and bringing them to the fete, we couldn't have done it without you. Well done Senior Dance B!

Mrs A. Land and Miss M. Cheetham
Senior Dance Coordinators

The Senior Dance Sport Group

The Senior Dance Group have continued to work hard for their performance at the Spring Fete. They have been rehearsing since Term 2 and are eager to showcase their talent! The girls share a love for choreography and start each sport session with the question, 'Are we doing choreography today?' They have improved their dancing technique and are experimenting with new moves and music genres. Well done girls, keep up your energy and enthusiasm!

Miss M. Jennings
Senior Dance Sport Teacher

PSSA

The summer PSSA competition games will be played as follows:

Friday, 1 November

Softball vs Beresford Rd PS @ Darling Street
Newcombe Ball vs Westmead PS @ Westmead PS
Cricket vs Westmead PS @ Bathurst Street
T-Ball vs Beresford Rd PS @ Darling Street

AFL vs Reds @ Binalong Oval

Friday, 8 November

Softball vs Toongabbie PS @ Darling Street
Newcombe Ball vs Toongabbie PS @ Metella Rd PS
Cricket vs Girraween PS @ Daniel Street
T-Ball vs Toongabbie PS @ Parramatta Park
AFL vs Toongabbie PS @ Binalong Oval

Mr T. Calnan
PSSA Sport Coordinator

Wanderers Cup Final

Congratulations to the Senior Boys Football Team who finished third in the inaugural Western Sydney Wanderers Cup. The team won through to the semi-finals after impressive form throughout the competition. In the semi-final at Parramatta last Sunday, the game against Rouse Hill Public School finished 1-1 after normal time, therefore the teams had a penalty shootout. Unfortunately for Metella Road we lost 4-3 on penalties and were eliminated from the competition. I would like to thank all the team for their hard work throughout the season and the parents who supported the team all the way to the finals.

Mr L. Byrne
Coach

S.R.C. News

The S.R.C. representatives have had a very productive Term 3. They were successful in encouraging students to eat more fruits and vegetables and also promoted the need for all our students to take pride in our school. Over 50 students participated in the S.R.C. advertisement competition. We had so many amazing entries that were so persuasive, creative and artistic. It certainly was a difficult job only choosing one from each year. A massive congratulations to our winners: Ashton A 2J, Erin M 3N, Samuel M 3/4Y, Courtney B /Dejah D 6M (designed together). Students will be presented with their certificates and prizes at the next assembly. Their winning advertisements will be on display around the playground. The S.R.C. also ran a healthy eating initiative for Fruit and Veg Month, and with the help of Healthy Kids Association, saw many classes at Metella Road joining in the four-week fruit and vegetable extravaganza! It has been wonderful to see so many students bringing in their fruit and vegetables, nibbling on them during fruit break!

As part of our focus on students' healthy eating habits the S.R.C came up with some great ideas about what we could put into our lunch boxes every day. As we all know, a healthy recess and lunch helps our students to remain attentive and focused in class. The following ideas are based upon the *Australian Guide to Healthy Eating* and are by no means comprehensive – they are just some ideas that students have discussed that they love having in their own lunchboxes.

What to put in a lunchbox?

A good helping of fruit and vegetables – remember here at Metella Road Public School we have Fruitbreak every day and we encourage students to bring fruit and vegetables in to eat in class.

Recess Ideas – Fruit (fresh/canned), pretzels, mini rice cakes, rice crackers, air-popped popcorn, fruit muffins, high-fibre breakfast cereals (put into zip-lock snack bags), energy mixes that have dried fruit in them, canned fruit, cheese and crackers, vegetables and dips, yoghurt.

Lunch ideas – Vegetables – salads, avocado, carrot sticks, cherry tomatoes, cucumber, capsicum strips. Starchy foods like bread, rice and pasta. Lebanese bread, pita, lavash, bagels are all starchy foods and can replace the good old

sandwich. **Proteins** – food like tuna or salmon, eggs, beans, beef, ham or chicken. During the hot weather, these foods must be stored in a cool bag with an ice pack to prevent food poisoning. **Water** – remember you need to keep hydrated, particularly now that it is getting hotter! Freeze an extra drink bottle on hot days to keep the lunchbox nice and cool.

Ms Minenko, Mrs Beacom and Mrs Pilason
and the S.R.C.

Stewart House and the Smith Family Clothing Appeal

Stewart House clothing bags were sent home two weeks ago. We are asking for donations of good quality wearable clothing and shoes, also we will gratefully accept blankets. Your donation helps both organisations raise much needed funds to continue this important support for disadvantaged children in our communities. Please return these bags to the Library **before Wednesday, 6 November.**



Can Count

Our thanks to Georgia S (2J), Emily S (KG), Kye F (KL), Luke F (5A), Sophie F (4B), Liesel S (1-2C), Jessica G (3M), Edward G (KB), Aiden D (1-2C), Regan S (4P) and Kiera S (1M) for collecting aluminium cans. Also thanks to other people who have donated cans who no longer have children at our school. The money we receive from the recycling helps us to provide classroom resources for your children. Aluminium cans which are bagged, labelled with your child's name, class and the number of cans can be left outside my workshop in "D" Block on Friday mornings ONLY. Large amounts of aluminium cans can be picked up by arrangement.

Mr M. Nash
General Assistant

Parents Auxiliary News

Our next meeting will be held on Wednesday 20 November 2013 at 2.00 pm in the staffroom, everybody is welcome to come along and have a chat and find out what's new at school. Preschoolers and toddlers are welcome, we would love to see some new parents so mark the date on your calendar.

Mrs A. Steele
Parents Auxiliary

Stage 1 Reptile Show



Stage 2 Review

Take a look at some of the fantastic artworks that we have created for the Spring Fete!

3M: Native Australian Flowers



3N: Great Barrier Reef



3/4Y: Silhouettes

3/4Y chose to complete a class canvas that involved all students – literally! Each student had their photograph taken, cut out and traced onto the canvas. We then painted the background in different colours, allowing our silhouettes to stand out. Can you pick the students of 3/4Y?



4D: The Coral Constellation

4D thoroughly enjoyed exploring and creating our Spring Fete canvas. We are so excited! It glows in the dark! During the day you can see our H.S.I.E. topic, "Happy Habitats", represented in the coral reef. At night, you can see our Science topic, "Space", represented in the fishy constellation. We hope the new owner enjoys it as much as we have.



4P's Chocolate Poems

4P have produced some mouth-watering poems about chocolate using sensory imagery. Yum!

Chocolate

Dark, carved rectangular prism,
Sweet, sugary and smooth
Thick, tempting and creamy
Silky, sticky and velvety
Snapping, clicking, sucking sound
If you give me more then I will
Become sick
I desire so much more....



Chocolate

A dark, rectangular prism carved with the words "Dairy Milk".
A thick creamy, milky treat that makes you want to gobble it all down when you smell it.
Chocolate is a lovely lolly made from cocoa beans that leaves a creamy after taste in your mouth.
When you put some chocolate in your mouth you'll start to taste a creamy sensation that makes you feel floaty and you'll desire more.

Chocolate

Carved in the shape of an eraser
Small and brown
Melted is when it's best
You can buy it at the town

The sweet smell will draw you in
It's like running water going down a calm river
You can never stop at just one piece
Oh no! I ate too much, I think I'm gonna be sick!

Chocolate

Chocolate is a dark, carved rectangular prism.
When you taste the creamy sensation it leaves a coco after taste.
As soon as it hits your mouth it feels silky and it melts in your mouth.
When you first smell the milky chocolate you become very hungry.
If you eat chocolate it tastes awesome, but too much can give you a pain in the stomach!



Chocolate

A dark brown rectangular prism carved in different shapes of all sizes

Snapping it apart you hear a "Click"

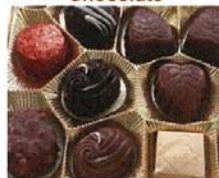
The silky substance disappears as it melts in your mouth

A creamy, syrupy sensation that can get stuck in your throat

You become hungrier each time you smell the milky thick creamed delight

Your stomach rumbles in anticipation as you desire more of the beautiful delicacy

Chocolate



Community Noticeboard

Metella Road Public School, as a service to parents, will advertise community events that may be of interest.

Metella Road Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.

St John Ambulance Cadets NOW RECRUITING



The program of the Holroyd Cadet Division consists of:

- Weekly meetings on Monday nights
- First aid training
- Meeting new people and making new friends
- Community service activities
- Camps, courses & social activities
- A range of interest courses & badge work
- Leadership & radio communications training
- Drill and ceremonial training
- First aid competitions, and lots more...



St John Cadets is recruiting locally for our October 2013 intake.
We meet in Toongabbie between 6.30-8.30pm during school terms.

If you would like more information please contact us by emailing :
horoyd_cadet@one.stjohnnsw.com.au or calling: **0414 881 608**



Look What's Happening during the Dec 2013 / Jan 2014 School Holidays for Double Digits at Parramatta West OOSH

Double Digits Odd Days

DATE	ACTIVITY
Thurs, 19 Dec 2013	Christmas Party
Fri, 20 Dec 2013	* Movies

Mon, 23 Dec 2013	* Holroyd Gardens
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Thur, 2 Jan 2014	Bake off & Ice-cream Making
Fri, 3 Jan 2014	* Don Bosco Youth Centre

Tues, 28 Jan 2014	Colour Blue Day
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Bookings close at 4.30pm
on 29 Nov 2013
Late Booking Fee of \$25
applies after this date

Double Digits
\$49 per day

* denotes an out of Centre Excursion

Mon, 6 Jan 2014	* Power House Museum
Tues, 7 Jan 2014	Segways
Wed, 8 Jan 2014	Everwilling Sports Workshop
Thurs, 9 Jan 2014	From Bicycle to Body
Fri, 10 Jan 2014	CSI - Catch the Thief

Mon, 13 Jan 2014	Yard Party
Tues, 14 Jan 2014	* Motiv8 Sports Gala Day
Wed, 15 Jan 2014	* Laser Tag
Thurs, 16 Jan 2014	Little Elf Sports Program
Fri, 17 Jan 2014	* Taronga Zoo

Mon, 20 Jan 2014	Circus Skills Workshop
Tues, 21 Jan 2014	* Chemistry Day
Wed, 22 Jan 2014	* Aqua Golf
Thurs, 23 Jan 2014	* Movies
Fri, 24 Jan 2014	Australia Day Lunch

Booking forms are available from the school office





Look What's Happening during the Dec 2013 / Jan 2014 School Holidays for Single Digits

Single Digits Pemulwuy, Guildford West & Sherwood Grange OOSH ONLY

DATE	ACTIVITY
Thurs, 19 Dec 2013	* Movies
Fri, 20 Dec 2013	Christmas Party
Mon, 23 Dec 2013	Create a Christmas Ornament
Thur, 2 Jan 2014	Sand Art
Fri, 3 Jan 2014	Mexican Lunch
Tues, 28 Jan 2014	Colour Blue Day

Guildford West OOSH - Single Digits

Mon, 6 Jan 2014	Crazy Hair Day
Tues, 7 Jan 2014	Little Elf-Sport & Fitness
Wed, 8 Jan 2014	Candle Making
Thurs, 9 Jan 2014	* Mini Golf Excursion
Fri, 10 Jan 2014	X Factor Talent Quest

Mon, 13 Jan 2014	Hatch & Grow
Tues, 14 Jan 2014	* Motiv8 Sports Gala Day
Wed, 15 Jan 2014	Chinese Lunch
Thurs, 16 Jan 2014	* Movies
Fri, 17 Jan 2014	Mosiacs

Mon, 20 Jan 2014	Go Karting
Tues, 21 Jan 2014	Carnival Treats
Wed, 22 Jan 2014	* Bowling
Thurs, 23 Jan 2014	King & Queen of Green
Fri, 24 Jan 2014	Australia Day Lunch

Pemulwuy OOSH - Single Digits

Mon, 6 Jan 2014	Crazy Hair Day
Tues, 7 Jan 2014	* Mini Golf Excursion
Wed, 8 Jan 2014	Little Elf-Sport & Fitness
Thurs, 9 Jan 2014	Candle Making
Fri, 10 Jan 2014	X Factor Talent Quest

Mon, 13 Jan 2014	Hatch & Grow
Tues, 14 Jan 2014	* Motiv8 Sports Gala Day
Wed, 15 Jan 2014	Chinese Lunch
Thurs, 16 Jan 2014	Mosaics
Fri, 17 Jan 2014	* Movies

Mon, 20 Jan 2014	* Bowling
Tues, 21 Jan 2014	Go Karting
Wed, 22 Jan 2014	King & Queen of Green
Thurs, 23 Jan 2014	Carnival Treats
Fri, 24 Jan 2014	Australia Day Lunch

Ringrose OOSH - Single Digits

Mon, 13 Jan 2014	Hatch & Grow
Tues, 14 Jan 2014	* Motiv8 Sports & Gala Day
Wed, 15 Jan 2014	* Movies
Thurs, 16 Jan 2014	Mosiacs
Fri, 17 Jan 2014	Chinese Lunch

Mon, 20 Jan 2014	King & Queen of Green
Tues, 21 Jan 2014	Carnival Treats
Wed, 22 Jan 2014	Go Karting
Thurs, 23 Jan 2014	* Bowling
Fri, 24 Jan 2014	Australia Day Lunch

Bookings close at 4.30pm on 29 Nov 2013
Late Booking Fee of \$25 applies after this date

Single Digits
\$45 per day

Sherwood Grange OOSH - Single Digits

Mon, 6 Jan 2014	Little Elf-Sport & Fitness
Tues, 7 Jan 2014	Candle Making
Wed, 8 Jan 2014	* Mini Golf Excursion
Thurs, 9 Jan 2014	Crazy Hair Day
Fri, 10 Jan 2014	X Factor Talent Quest

Mon, 13 Jan 2014	Hatch & Grow
Tues, 14 Jan 2014	* Motiv8 Sports Gala Day
Wed, 15 Jan 2014	* Movies
Thurs, 16 Jan 2014	Chinese Lunch
Fri, 17 Jan 2014	Mosaics

Mon, 20 Jan 2014	King & Queen of Green
Tues, 21 Jan 2014	* Bowling
Wed, 22 Jan 2014	Carnival Treats
Thurs, 23 Jan 2014	Go Karting
Fri, 24 Jan 2014	Australia Day Lunch

* denotes an out of Centre Excursion

